



# KETO *friendly* MENU

## Grilled Cheeses

**FLASH FRIED BRUSSEL LEAVES** \_\_\_\_\_ **\$7.99**

CRISPY BRUSSEL LEAVES, SMOKED SEA SALT \*G.F. KETO

**JALAPENO-BACON DEVILLED EGGS (4)** \_\_\_\_\_ **\$7.99**

BIG, CRISPY BACON AND PICKLED JALAPENOS \*G.F. KETO

**KETO QUESADILLA** \_\_\_\_\_ **\$12.99**

*CHOOSE PROTEIN:* BLACKENED CHICKEN OR SIRLOIN, OR BARBACOA OR PULLED PORK ON A CRISPY CHEDDAR JACK SHELL, TOMATO, JALAPENOS, AVO, ROMAINE, SOUR CREAM.

**CHICHARRONES AND CILANTRO RANCH** \_\_\_\_\_ **\$ 6.99**

**SPINACH & ARTICHOKE DIP** **SUB CHICHARRONES FOR CHIPS**

**\$14.98** Award Winning Dip \* **ADD BACON TO DIP** \_\_\_\_\_ **\$3**

**KETO BRUSSEL CAESAR SALAD** \_\_\_\_\_ **\$14.99**

CRISPY BRUSSEL LEAVES, ROMAINE, BLACKENED CHICKEN, AVOCADO, BACON, HOUSE CAESAR. \*G.F. KETO

## Sammies and Burgers

Sub the chips for our flash-fried green beans to stay keto \$2

**BLACKENED CHICKEN CLUB** \_\_\_\_\_ **\$13.50 + KETO BUN \$2.50**

BLACKENED CHICKEN BREAST, AVOCADO, BACON, SWISS, ARUGULA, BUN, CILANTRO RANCH \*G.F.

**CHEESEY BURGER** \_\_\_\_\_ **\$13.99 + KETO BUN \$2.50**

HOUSE GROUND ANGUS CHUCK, AMERICAN CHEESE, CHEDDAR AND JACK CHEESE , BUN PICKLES LETTUCE ONION TOMATO \*G.F.

**BURGER** \_\_\_\_\_ **\$12.50 + KETO BUN \$2.50**

HOUSE GROUND ANGUS CHUCK, PICKLES LETTUCE ONION TOMATO \*G.F.

**MUNCH BURGER** \_\_\_\_\_ **\$14.99 + KETO BUN \$2.50**

HOUSE GROUND ANGUS CHUCK, SWISS CHEESE, BACON, AVOCADO, ARUGULA, SAUTEED RED ONIONS. \*G.F.

**KETO BURGER (NO BUN-served in a bowl)** \_\_\_\_\_ **\$13.99**

HOUSE GROUND ANGUS CHUCK, WILTED SPINACH, SAUTEED RED ONIONS, BACON, AVOCADO, MOZZARELLA PROVOLONE, FRIED EGG. \*G.F. (NO BUN & NO SIDE)

*Do you need more protein?*

**MAKE IT A MONSTER...ADD 1/2 LB PATTY TO BURGER** \_\_\_\_\_ **\$6.99**

*Grilled Cheeses can be made w Keto Sliced Bread instead of sour-dough, but you must ask for it + \$2.50 KETO BREAD*

Sub the chips for our flash-fried green beans to stay keto + \$2

**HALF-POUND PATTY MELT** \_\_\_\_\_ **\$14.99 + KETO BREAD \$2.50**

HOUSE GROUND ANGUS CHUCK, CHEESEY GRILLED CHEESE, GRILLED ONIONS, BUTTERY TOASTED BREAD

**SIRLOIN MELT** \_\_\_\_\_ **\$13.99 + KETO BREAD \$2.50**

HOUSE ROASTED SIRLOIN, PROVOLONE, MOZZARELLA, CILANTRO RANCH, BUTTERY TOASTED BREAD

**BARBACOA GRILLED CHEESE** \_\_\_\_\_ **\$13.99 + KETO BREAD \$2.50**

AWARD-WINNING BARBACOA, AVOCADO, ONIONS, CILANTRO ON CHEESEY GRILLED CHEESE.

**SPINACH ARTICHOKE GRILLED CHS** \_\_\_\_\_ **\$9.99 + KETO BRD \$2.50**

SPINACH & ARTICHOKE DIP, MOZZARELLA, PROVOLONE, FRESH SPINACH, BUTTERY TOASTED BREAD

**BACON SPINACH ARTICHOKE G. C.** \_\_\_\_\_ **\$12.99 + KETO BRD \$2.50**

BACON SPINACH & ARTICHOKE DIP, MOZZARELLA, PROVOLONE, FRESH SPINACH, BUTTERY TOASTED BREAD

**CHEESEY GRILLED CHEESE** \_\_\_\_\_ **\$7.99 + KETO BREAD \$2.50**

CHEDDAR, JACK, AMERICAN CHEESE , CILANTRO RANCH, BUTTERY TOASTED BREAD

## Extras

**KETO ALMOND FUDGE** \_\_\_\_\_ **\$5.99**

ALMOND BUTTER, LILY'S CHOCOLATE, SUGAR FREE COCONUT, ALMONDS

**MAKE- YOUR- SANDWICH - A COMBO \$4**

SUBSTITUTE: SIDE SALAD OR GREEN BEANS AND STUBBORN SODA, TEA OR BOTTLED DRINK

**FLASH-FRIED GREEN BEANS (LIGHT SEASONING ) \$ 4.99**

**1/2 ORDER OF BRUSSELS \$4.99 2 SLICES OF BACON \$ 3**

***KETO BREADS are Subject to availability***

KETO BUN \$ 2.50 OR KETO SLICED BREAD \$2.50

**GOOD \* BETTER \* BEST**