



# KETO/GLUTEN FREE *Friendly* MENU

## FLASH FRIED BRUSSEL LEAVES

CRISPY BRUSSEL LEAVES, SMOKED SEA SALT

## JALAPENO-BACON DEVILLED EGGS (4)

BIG-CRISPY BACON AND PICKLED JALAPENOS

## KETO QUESADILLA

CHOOSE: BLACKENED CHICKEN OR SIRLOIN, OR BARBACOA OR PULLED PORK, SPINACH & MUSHROOM ON A CRISPY CHEDDAR JACK SHELL, TOMATO, JALAPENOS, AVOCADO, ROMAINE, SOUR CREAM

## CHICHARRONES AND CILANTRO RANCH

## SPINACH & ARTICHOKE DIP **SUB** CHICHARRONES FOR CHIPS

Award Winning Dip \***ADD BACON TO DIP**

## KETO BRUSSEL CAESAR SALAD

CRISPY BRUSSEL LEAVES, ROMAINE, BLACKENED CHICKEN, AVOCADO, BACON, HOUSE CAESAR

## *Sammies & Burgers*

Sub the chips for our flash fried green beans to stay keto \$2

## BLACKENED CHICKEN CLUB

BLACKENED CHICKEN BREAST, AVOCADO, BACON, SWISS, ARUGULA, CILANTRO RANCH, BUN

## CHEESEY BURGER

HOUSE GROUND ANGUS CHUCK, AMERICAN CHEESE, CHEDDAR AND JACK CHEESE, PICKLES, LETTUCE, ONION, TOMATO, BUN

## BURGER

HOUSE GROUND ANGUS CHUCK, PICKLES, LETTUCE, ONION, TOMATO, BUN

## MUNCH BURGER

HOUSE GROUND ANGUS CHUCK, SWISS CHEESE, BACON, AVOCADO, ARUGULA, SAUTEED RED ONIONS, BUN

## KETO BURGER (NO BUN-served in a bowl)

HOUSE GROUND ANGUS CHUCK, WILTED SPINACH, SAUTEED RED ONIONS, BACON, AVOCADO, MOZZARELLA PROVOLONE, FRIED EGG. \*G.F. (NO BUN & NO SIDE)

*Do you need more meat?*

**MAKE IT A MONSTER...ADD 1/2 LB PATTY TO BURGER**

## *Grilled Cheeses*

*Grilled Cheeses can be made w Keto/GF Sliced Bread instead of sourdough, but you must ask for it!*

Sub the chips for our flash-fried green beans to stay keto + \$2

## HALF-POUND PATTY MELT

HOUSE GROUND ANGUS CHUCK, CHEESEY GRILLED CHEESE, GRILLED ONIONS, BUTTERY TOASTED BREAD

## SIRLOIN MELT

HOUSE ROASTED SIRLOIN, PROVOLONE, MOZZARELLA, CILANTRO RANCH, BUTTERY TOASTED BREAD

## BARBACOA GRILLED CHEESE

AWARD-WINNING BARBACOA, AVOCADO, ONIONS, CILANTRO ON CHEESEY GRILLED CHEESE, BUTTERY TOASTED BREAD

## SPINACH ARTICHOKE GRILLED CHS

SPINACH & ARTICHOKE DIP, MOZZARELLA, PROVOLONE, FRESH SPINACH, BUTTERY TOASTED BREAD

## BACON SPINACH ARTICHOKE G.C.

BACON SPINACH & ARTICHOKE DIP, MOZZARELLA, PROVOLONE, FRESH SPINACH, BUTTERY TOASTED BREAD

## CHEESEY GRILLED CHEESE

CHEDDAR, JACK, AMERICAN CHEESE, CILANTRO RANCH, BUTTERY TOASTED BREAD

## *Extras*

## KETO ALMOND FUDGE

ALMOND BUTTER, LILY'S CHOCOLATE, SUGAR FREE COCONUT, ALMONDS

## **MAKE- YOUR- SANDWICH - A COMBO \$4.99**

SUBSTITUTE: SIDE SALAD OR GREEN BEANS AND STUBBORN SODA, TEA OR BOTTLED DRINK

## FLASH-FRIED GREEN BEANS (LIGHT SEASONING ) \$ 4.99

**1/2 ORDER OF BRUSSELS \$4.99 2 SLICES OF BACON \$ 3**

***GF & KETO BREADS are Subject to availability***

KETO BUN \$ 2.50 OR KETO SLICED BREAD \$2.50  
GF BUN \$ 2.50 OR GF SLICED BREAD \$2.50

**GOOD \* BETTER \* BEST**